

# George Laws Social Work Services LLC

Licensed Clinical Social Worker

EMDR Practitioner

Somatic Experiencing Practitioner

## Questions for the Body Heart

With these questions, *search genuinely. Do not settle for a shallow, disturbing answer but rather, listen deeply to the sensations of your body and, your own heart's knowing. Allow for the integrating of the heart's knowing and the body sensations in establishing wisdom.*

**If you are suffering in pain,** ask, "What is out of balance in my life?"

Ask, "What is the knowledge and wisdom of my own heart?"

Ask yourself, "Do I want to be lied unto?"

What quality of life do I deserve?

Do I lie unto myself?

Do I look to my culture, doctrines, religions for that answer?

*Could it be that what is out of balance, is that you are empowering the doctrines, the beliefs, the indoctrinations of a primitive and paranoid society, instead of following the knowing in your own heart?*

Home Office:  
754 Wagonwheel Gap Road  
Boulder, CO 80302

Online Clinic: [georgelaws.doxy.me/georgelaws](http://georgelaws.doxy.me/georgelaws)  
Email: [George@georgelawsclinic.com](mailto:George@georgelawsclinic.com)  
Website: [portalsofselfhealing.com](http://portalsofselfhealing.com)

Ph: 303-332-9975255  
Canyon Blvd., Suite 200  
Boulder, CO 80302