

UNDERSTANDING & HEALING 7 LEVELS OF HUMAN CONSCIOUSNESS

7 Levels of Consciousness		Chakra Bija (Sound) Element	Belief Systems Focus Identifies with	Field	Healing Actions to Transcending	
7	Multi-level Consciousness	<p>Transcendental One who looks from a non-contaminated viewpoint and can move in all levels without being corrupted by them. (Tantra, Tao, Zen, Heart Sutras)</p>	<p>Sahasrara NNGGG Spirit</p>	<p>Non identifying with belief; Focusing is upon living flowing energies in, through and with all bodies; integrating wisdom; clarifying, balancing, and harmonizing.</p>	<p>Joining, bonding with Universal creative energies. Pleasuring Enlightening No Mind</p>	<p>Perceiving now. Transcending all identifications and belief systems leaving only the Smokeless Flame of Attention. The actualizing individual is in harmony with universal life force energies and knowing yo.</p>
6	Ego orienting, determined by belief systems through conditioning	<p>Spiritual - Transcendental (Ayurveda, Yoga, and other organized method-oriented disciplines)</p>	<p>Ajna MMMMM Light</p>	<p>Belief Systems Focus: experiential oriented; not dogmatic; idea that one must do something with their body and mind for balancing and inner harmony.</p>	<p>Astral Visions Dreams</p>	<p>Attending, Imaging, Empathizing, Focusing and Expressing upon the ego itself as experiencer- experiencing- experience(s); multi-dimensional processing and integrating of the consciousness of mind, body, ego, and self -realization which rises as a byproduct of combining the functioning 5 elements, space, air, fire, water, earth.</p>
5		<p>Spiritual Spiritualism) (Mass organized religions, Islam, Judaism. Christian, Hinduism)</p>	<p>Vishudha EEEE Space</p>	<p>Belief Systems Focus: denying the body; anti-body; destroy the illusion of the body so one can become really, real.</p>	<p>Communications are orienting to past and future. Vibration Sound</p>	<p>Attending, Imaging, Empathizing, Focusing, and Expressing: doctrinal and anti-doctrinal experiences, prosodic tones of speech which portray undercurrents of messaging belief syndromes and compliance strategies.</p>
4		<p>Psycho-spiritual (Jung, Assagioli)</p>	<p>Anahata AAYYY Air</p>	<p>Belief Systems Focus: upon the unconscious; accepting the irrational, the irrational is not denied.</p>	<p>Emotions Passion Sharing</p>	<p>Attending, Imaging, Empathizing, Focusing, and Expressing: Experiencer as metaphysical subject/subject; the doctrines of the becoming process.</p>
3		<p>Psychological (Adlerian, Motivational)</p>	<p>Manipura AAAHNN Fire</p>	<p>Belief Systems Focus: the will to power; an inferiority complex drives "trying", processes/superiority; the need to reason justifies prejudices.</p>	<p>Social Environmental Interaction External Communication</p>	<p>Attending, Imaging, Empathizing, Focusing, and Expressing upon subject as balancing personal power and ego formation.</p>
2		<p>Psychosomatic (Freudian Psychoanalysis)</p>	<p>Svadisthana OOOONMH Water</p>	<p>Belief Systems Focus: to body and mind; the dream world; creativity as sex oriented.</p>	<p>Energy Storage Internal Flow Sexuality Sensuality</p>	<p>Attending, Imaging, Empathizing, Focusing, and Expressing upon relational dynamics (subject/object) such as generating, organizing, and destroying; dream symbols in clarifying your primary personal transactions.</p>
1		<p>Physical (Materialism, Behaviorism)</p>	<p>Muladhara OHMM Earth</p>	<p>Belief Systems Focus: there is only the physical; denies the exploration of the other levels of consciousness; all that is focused upon is the body.</p>	<p>Survival Instinct Sexuality</p>	<p>Attending, Imaging, Empathizing, Focusing, and Expressing: Feeling into the body, with new processes like yoga, experiencing fully sensations; nature, environments; Notice what is distracting, occupying, freezing you from exploring and orienting into higher levels of consciousness, such as, objects, gadgets, "toys".</p>

Unless one reaches the transcendental, s/he will be conditioned, with traditions, manufactured realities, and dominant meanings, to appease social consciousness.

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